

HEART HEALTH CHECK UP

For Men 35 & above & Women 40 & above; the preventive heart check up helps in knowing the risk factors & diseases warning signs. Precautionary measures are suggested on lifestyle modifications.

- Fasting Blood Sugar
- Post Prandial Blood Sugar
- Lipid Profile
- Blood Urea Nitrogen (BUN)
- Creatinine
- S Electrolytes
- Urine Routine
- Chest X-Ray
- ECG
- ECHO
- Consultation with Cardiologist & Diet

NOTE:
~~₹ 4500/-~~
₹ 2500/-
 PACKAGE RATES APPLICABLE.
 NO REFUND

PRE-EMPLOYMENT HEALTH CHECK-UP

A pre-employment health check-up is a comprehensive health assessment performed on prospective employees. Its purpose is to verify that the individual is both physically and mentally fit for the position, thereby reducing any potential health risks to themselves and others.

- FBS /RBS/PPBS
- Complete Blood Count
- Cholesterol
- Urine Analysis
- ECG
- Chest X-ray
- Physical Examination
- Consultation with Physician

NOTE:
~~₹ 2500/-~~
₹ 750/-
 PACKAGE RATES APPLICABLE.
 NO REFUND

DIABETIC HEALTH CHECK UP

Diabetic Health Check up is for individuals suffering from Diabetic or those having a family history of Diabetes, Overweight & so on. It helps in early detection & treatment of Diabetes. A detailed check-up will be done by a Endocrinologist with the following investigations.

- Complete Haemogram
- Fasting Blood Sugar
- Post Prandial Blood Sugar
- Lipid Profile
- Blood Urea Nitrogen (BUN)
- Creatinine
- SGOT
- SGPT
- Uric Acid
- S Electrolytes
- Glycosylated Haemoglobin (HbA1c)
- Urine Routine
- Urine (Micro Albumin, Protein)
- ECG
- Chest X-ray
- Diet Counselling
- Consultation with General Physician
- Foot Care Consultation

NOTE:
~~₹ 6000/-~~
₹ 3500/-
 PACKAGE RATES APPLICABLE.
 NO REFUND

INSTRUCTIONS TO FOLLOW

1. On the appointment day, please reach the hospital by 8:00 am.
2. Overnight fasting required.
3. Please do not have milk, tea, or coffee in the morning before the test. However, you may drink water.
4. Complete abstinence from alcohol is required for at least 24 hours. Prior to the checkups.
5. Kindly bring your morning samples of urine and stool in clean containers.
6. Wear loose clothing & easily removable footwear & no Jewellery.
7. Please bring medical records, if any, when you come for a health check-up.
8. Ladies, please inform the X-ray technicians if you are pregnant & do not give a urine sample or PAP smear for examination during menstruation.
9. In case you are taking any medication, please bring your prescription and medication along with you. (if you are diabetic or a cardiac patient, please inform the health check executive)
10. If doctors refer patients to super specialty departments, there will be additional consultation charges.

**For appointments contact us :
 DEPARTMENT OF PREVENTIVE HEALTH CHECK**



JEEVIKA Hospital
 Health and Happiness Comes First

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PREVENTIVE HEALTH CHECK-UP PACKAGES

✓ **MASTER HEALTH CHECK-UP.**

✓ **EXECUTIVE HEALTH CHECK-UP.**

✓ **MASTER HEALTH CHECK-UP - GOLD**

✓ **EXECUTIVE HEALTH CHECK-UP- GOLD**

✓ **HEART CHECK-UP**

✓ **DIABETIC HEALTH CHECK-UP**

✓ **PRE-EMPLOYMENT HEALTH CHECK-UP.**

